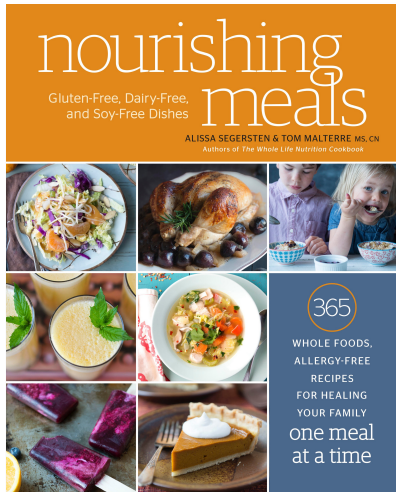


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## Nourishing Meals

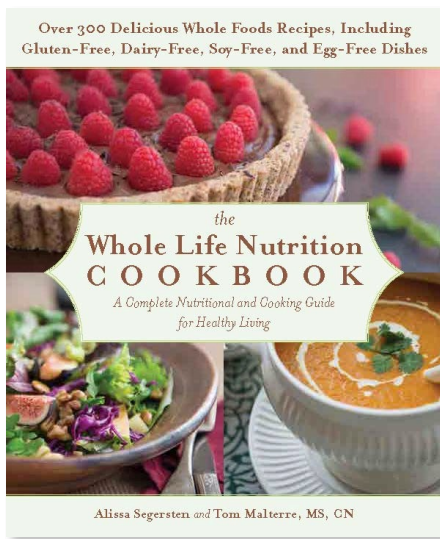
### ***Nourishing Meals Book Details:***

- Paperback: 528 pages
- Publisher: Harmony (October 11, 2016)
- Language: English
- ISBN-10: 0451495926
- ISBN-13: 978-0451495921
- Product Dimensions: 8 x 1.2 x 10 inches

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If you have an account with Penguin Random House, please contact your rep to order. If not, please contact **Daryl Mattson** ([dmattson@prh.com](mailto:dmattson@prh.com)) to order copies in bulk at a discount for resale or give-away.

For more info on this book, plus recipes, please visit [www.NourishingMeals.com](http://www.NourishingMeals.com)



## The Whole Life Nutrition Cookbook

### ***The Whole Life Nutrition Cookbook Details:***

- Paperback: 464 pages
- Publisher: Grand Central Life & Style (April 29, 2014)
- Language: English
- ISBN-10: 1455581895
- ISBN-13: 978-1455581894
- Product Dimensions: 8.2 x 1.2 x 10 inches

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### ***Wholesale Ordering for The Whole Life Nutrition Cookbook and The Elimination Diet:***

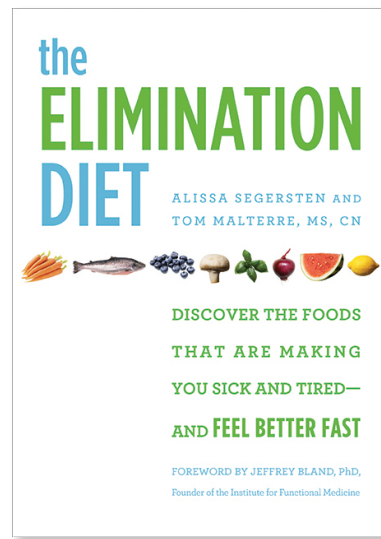
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## The Elimination Diet

### ***The Elimination Diet Book Details:***

- **Hardcover or Paperback:** 352 pages
- Publisher: Grand Central Life & Style (March 31, 2015 HC | October 11, 2016 PB)
- Language: English
- ISBN-10: 1455581887 (Hardcover)
- ISBN-13: 978-1455581887 (Hardcover)
- ISBN-10: 1455581860 (Paperback)
- ISBN-13: 978-1455581863 (Paperback)